

# PRAYING *With* CHILDREN

## SUNDAY LITURGY



5<sup>th</sup> Sunday in Ordinary Time

4 February 2024 - Year B

**“Jesus healed many who were suffering from diseases.”**

### Something to Think About

Has somebody helped you lately?  
What did they do for you?  
How did you show your appreciation and gratitude?

### The Story

Jesus hears that Simon's mother-in-law is sick with a fever, so he goes to visit her. He takes her hand, and the fever immediately vanishes. On that same evening, people suffering from sickness or disease came to Jesus and he healed them. Jesus then takes some time alone to pray. Everyone was looking for Jesus, so he went into the nearby towns, teaching the people and healing those who were sick.

### The Scriptures

**A reading from the holy gospel according to Mark**

**1:29-39**

As soon as Jesus left the meeting place with James and John, they went home with Simon and Andrew. When they got there, Jesus was told that Simon's mother-in-law was sick in bed with fever. Jesus went to her. He took hold of her hand and helped her up. The fever left her, and she served them a meal.

That evening after sunset, all who were sick or had demons in them were brought to Jesus. In fact, the whole town gathered around the door of the house. Jesus healed all kinds of terrible diseases and forced out a lot of demons. But the demons knew who he was, and he did not let them speak.

Very early the next morning Jesus got up and went to a place where he could be alone and pray. Simon and the others started looking for him. And when they found him, they said, "Everyone is looking for you!"

Jesus replied, "We must go to the nearby towns, so that I can tell the good news to those people. This is why I have come."

Then Jesus went to Jewish meeting places everywhere in Galilee, where he preached and forced out demons.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

### Video

Click to watch the video: [Quiet](#)



## Group Discussion

In today's gospel, Jesus goes away to a quiet place to pray.  
Talk together about your favourite 'quiet place' where you can talk to God in prayer.

## Praying For Others

*Leader:* Let us pray now for the leaders of our Church, our world, for those in our community and for our own needs.

*Reader 1:* We pray for those who are worried about a loved one who is sick. Lord hear us.

**All: Lord, hear our prayer.**

*Reader 2:* We pray for busy people who cannot find time to sit quietly. Lord, hear us.

**All: Lord, hear our prayer.**

*Reader 3:* We pray for those who are sick and all those in need of healing. Lord, hear us.

**All: Lord, hear our prayer.**

*Reader 4:* We pray for nurses, doctors, and all those who care for people. Lord, hear us.

**All: Lord, hear our prayer.**

*Reader 5:* We pray that we will turn to Jesus when we are in need of healing. Lord, hear us.

**All: Lord, hear our prayer.**

*Invite the children to pray for their own special intentions.*

**All: Lord hear our prayer.**

*Leader:* Loving God, listen to the prayers we make in the name of Jesus.

**All: Amen.**

## Prayer



Dear Jesus,  
Help us to find quiet time each day to  
spend with you in prayer.  
Bless all those we love and give them  
good health and happiness.  
Amen.

## Group Activity

### MY PRAYER TO JESUS

*You will need: sheets of paper, pens or markers.*

The source and energy of Jesus' power was prayer.

You can pray at any time, wherever you are, about anything that is on your mind.

What would you like to pray about today?

Write your prayer on a sheet of paper and decorate it.  
You might like to draw your prayer instead of writing it.

You may like to share your prayer aloud, or pray it quietly in your heart.



DO YOU KNOW  
PEOPLE WHO ARE SICK?

*Write their names here...*

WRITE A PRAYER FOR THEM  
ASKING JESUS TO HELP THEM

*Dear Jesus...*

**JESUS CARES FOR SICK PEOPLE AND LOVES THEM**