

A YEAR IN PRAYER WITH MARY!

This year the Ashfield/Olympic Park Network
of Family & Faith Educators are joining
together to acknowledge the many significant Feast Days
in honour of Mary, throughout 2023.

Gathering via zoom each term, a maximum of 3 times, we will pray the Rosary in recognition of Mary's varied Feast Days, providing families with the opportunity to develop a devotion to Jesus, love for our Blessed Mother, and a healthier prayer life.

3 REASONS TO PRAY THE ROSARY

- Families will learn the Scriptures together
- Families grow to value and love Mary our Mother
- Faith is more likely to 'stick!'





In TERMS 1 & 2
we will gather in prayer for
OUR LADY OF FATIMA: Mon, 15 May
MARY HELP OF CHRISTIANS: Wed, 24
May THE VISITATION: Wed, 31 May

@ 7.00PM

ROSARY ZOOM LINK PASSCODE: 247516





Talking Sunday Eucharist with Sr Carmel Pilcher RSJ

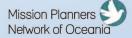
- What is needed to reinvigorate our Sunday worship?
- What are engaging pathways to fuller participation?
- How can we be proactive and not reactive in worship?

Open to everyone who seeks continual renewal in the Spirit!

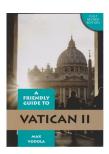
Tuesday, 30th May 2023, 7pm – 8.30pm (AEST) \$20 Non-Members I Members Free Register at https://www.trybooking.com/CIKRS

You will receive a confirmation email upon registration and further information closer to the event.





"A Friendly Guide to Vatican II"



As background to any effort to take up Pope Francis's invitation to study the documents of the Second Vatican Council, we have bought 20 copies of the book "A Friendly Guide to Vatican II" and it is now available for parishioners to borrow and return on an honour system.

If you would like to read it, please treat it like a library book. To borrow, just note your name, phone number and the number of the book in the register that is beside the books.

Take a copy, read it, then return it so that others may do the same.

Mental Health First Aid Course

In March Sr Ruth Davis sm ran a 2-day Mental Health First Aid course. There were 11 participants who took part in the course. Just a few of their comments below.

Personally I found it:

- dispelled some of the stigma around mental health
- 2. gave me some confidence in how to speak & how not to speak to sufferers

and the power of talk therapy

- 3. greatly increased my general knowledge about this widespread condition in our society
- 4. enjoyable oddly! probably because of our wonderful and supportive cohort!!
- 5. amazing value for money!!!!

I am grateful for all the above, so again thank vou!

The MHFA course is greatly beneficial, in the short 2 days I learnt a great deal about what mental health & illness is, what the signs and symptoms are, and what I can do to help people suffering mental illness. Sr Ruth's wealth of knowledge & industry experience, makes this course engaging and practical in how the theory is applied to the real world. I highly recommend it

We are hoping to run the course again later in the year and are seeking expressions of interest. If you would be interested in participating in the course please email Maria Condello - Pastoral. Associate@stjoanofarc.org.au